

KEEPING YOUR CHILD SAFE AS THEY RETURN TO SCHOOL



We know that as a parent, nothing matters more than your child's safety and wellbeing. As the school term begins, we understand this can bring worries about safety both inside and outside school.

Kent and Medway Violence Reduction Unit works with partners and communities to keep children safe by reducing and preventing violence. We support parents in having the right conversations and helping them spot if their child may be involved in violence or bullying.

Our back-to-school guide outlines year-round tools to help your child stay safe, take action and make the right choices.



Watch: [Sophie's story, a parent's experience](#)

Tools to help you

Not sure how to support your child or young person? Our range of guides can help:

- [Explainer: understanding emojis](#)
- [A guide to knife harm: feel more confident in conversations](#)

Having the right conversations

Talking with young people or young adults about knives and weapons can be difficult, whether you are a parent, guardian or carer. Our toolkit can help you prepare for a conversation with your child about carrying knives.

[View the toolkit on our website](#)

Free sports activities

We work with Sports Connect to provide free local out-of-school activities that support physical and mental health while keeping children and young people out of trouble through creative and interactive sessions.

[Visit the Sports Connect website](#)

CLOCK IT CHECK IT CHANGE IT

Being an active bystander: Clock It, Check It, Change It

Many young people witness unacceptable behaviour in and outside school, and you can empower them to safely step in and make a change.

Free resources from our Clock It, Check It, Change It campaign support conversations with young people about responding when they see or anticipate violent incidents.

[Access the resources on our website](#)



Our team can provide advice and guidance all year round.

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